



Continuous Sculling Series

These are a series of sculling classes designed to teach and enhance sculling abilities for scholastic rowers from first season novices to senior varsity. Sessions will be addressed individually so as to eliminate any commitments from one class to the next.

- A unique opportunity to broaden rowing abilities outside of their respective scholastic teams
- Depending on the number of rowers per session, opportunities will be available to row in all classes of shells from 1x (Singles), 2x (Doubles), 4x (Coxless Quads), and 8x (Octuple)

COST: Price per session will be set at \$15.00 OR \$10.00 per session with the registration of 5 or more classes.

WHEN: Sessions will occur on the following dates (subject to cancellation due to inclement weather) Sessions will run 3hrs from posted start time.

April 25th @ 5:00pm (Sunday)
May 2nd @ 5:00pm (Sunday)
May 9th @ 12:00pm (Sunday)
May 16th @ 3:00pm (Wednesday)
May 20th @ 3:00pm (Thursday)

May 22nd @ 4:00pm (Saturday)
May 24th @ 3:00pm (Monday)
June 5th @ 11:00am (Saturday)
June 9th @ 3:00pm (Wednesday)
June 14th @ 4:30 (Monday)

More sessions may be added latter in the summer based on interest

REGISTER:

Contact Tony O'Loughlin <essex70@gmail.com> or <757-333-1189>